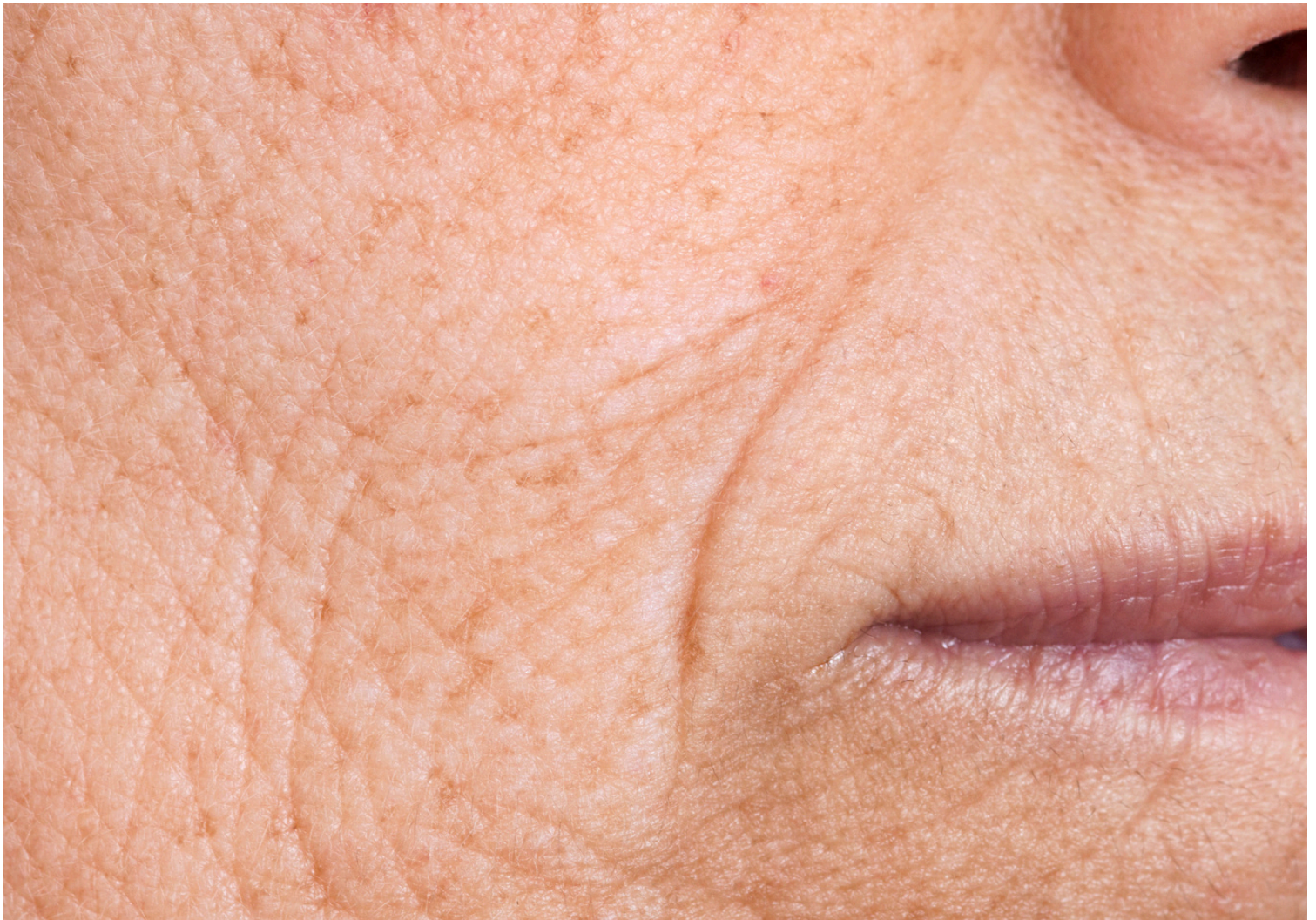


PDRN-PRO Microneedling

SUPERBOOST.BE



Indications Microneedling



Indications Microneedling

Opaque, toneless and dehydrated skins

Improves skin compactness, thereby increasing the water retention capacity.

Ageing

Produces a collagen induction that is accumulated in the intracellular matrix layers, leading to a healthier and flexible skin, with a younger appearance.

Wrinkles and thin skin

The collagen induction in the damaged area helps to reduce the appearance of acne scars with deep redness, to improve chickenpox scars, to relax old scars and to diminish the appearance of old surgical scars.

Cutaneous flaccidity

The amount of collagen and elastin in the already acquired reserves, makes that the tonicity of the elastic and collagen fibers increases.

Upper eyelid sagging and wrinkles in the eye area

Natural elevation of the eyebrows as a result of thickening of the dermis.

Indications Microneedling

Hyperpigmentation and hypopigmentation

With the microchannels the melanin dispersion is favored to avoid the new formation of deposits resulting in stains. The product induction at deeper levels will ensure a greater penetration, and hence a better result. It reactivates repigmentation of the affected areas.

Rosacea

The extra supply of collagen helps to improve the barrier function of the skin as well as increases the thickness thereof.

Skin imperfections such as enlarged pores

Improves the skin texture and appearance of enlarged pores. The reduction of pore size occurs due to an increased production of collagen around the pores that crushes and oppresses the entrance. There is also an increase of elastin production (which allows that large pores are back to their original size).

Hypertrophic scars, keloids, post-acne and post-surgical scars

The induction of collagen in the damaged area helps to reduce the appearance of acne scars with deep redness, improves the scars caused by chickenpox, helps to relax old scars and to diminish the appearance of old surgical scars.

Contraindications



Contraindications Microneedling

- Needle phobia.
- Important coagulation disorder, coagulation treatments, treatment with high-dose of corticosteroids.
- Skin infections, cold sores or open wounds, sunburn.
- Freckles or warts.
- Acne in active status with papules and pustules.
- Extreme tendency to form keloids.
- Eczema, impetigo (common infection of the skin which produces blistering, by bacteria) Skin cancer and those who are treated with chemotherapy or radiotherapy.
- Pregnancy and breastfeeding

Treatment Preparation

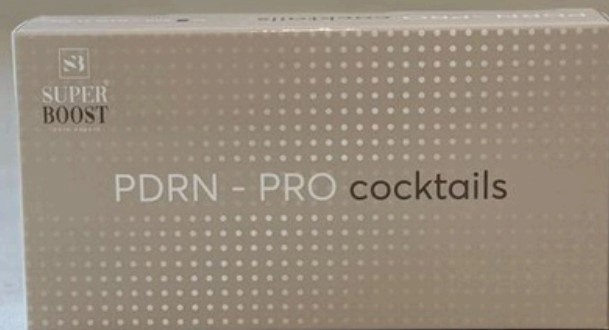
Client Recommendations Prior to the Session:

- Medication such as vasodilators, analgesics or antipyretics should not be taken 48 hours before treatment. They can increase blood flow and promote bruising.
- It is not recommended sun exposure 24 hours before treatment.
- On the day of treatment, it is not recommended that the customer uses any kind of cosmetics at home before the session.
- Before starting the treatment, make sure the head needles are correctly positioned horizontally, and none is bend down.

Common material to prepare before the treatments:

- Syringe to extract cocktails in sterile way
- Anubismed Skin Preparer
- Muslin to clean the skin
- Sterile gloves and mask for the professional
- Cream or anesthetic product if it is necessary
- Disposable head

Facial Treatment

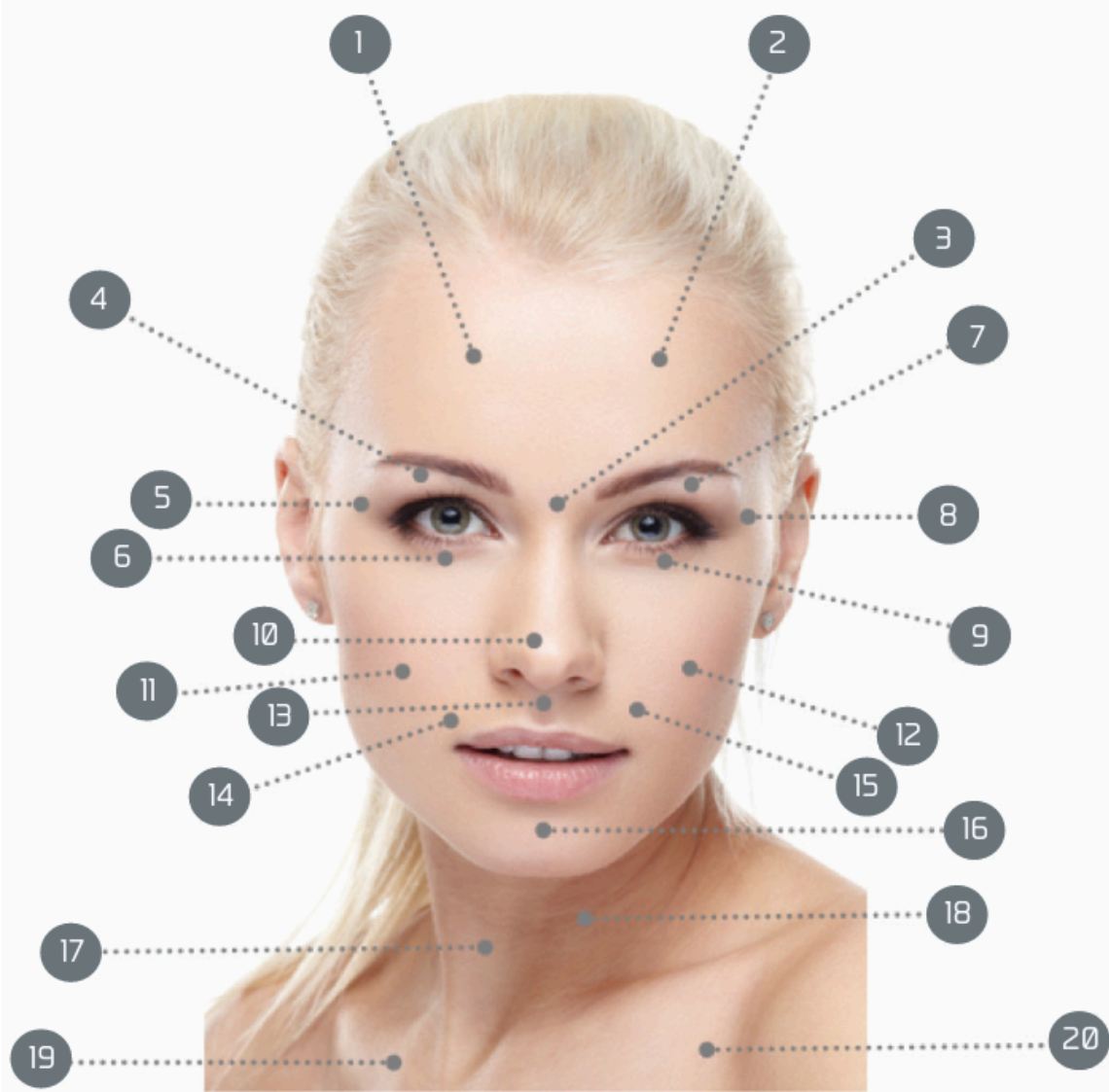


Facial Treatment

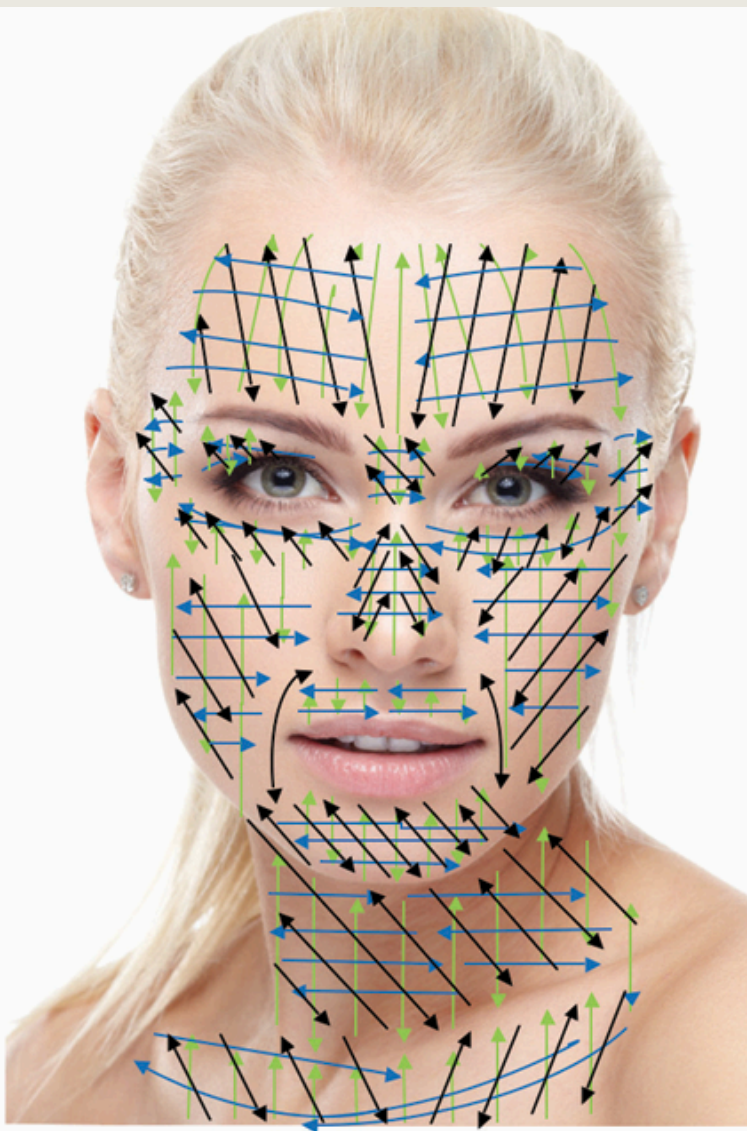
- Prior to realize the treatment, it is necessary to confirm that there is no allergy, skin condition or contraindication that does not permit to do the session. Fill the informed consent.
- Make a skin diagnosis to determinate the treatment areas, the depth and speed to work on each of them.

1. Cleanse and tone the skin with Moissurizing Cleanser.
2. Then degrease and disinfect with Anubismed Skin Preparer.
3. Open the sterile head previously prepared and place it in the anubismed skin pen after putting on gloves and mask.
4. Prepare the cocktail chosen (SuperBoost PDRN-PRO) for the facial treatment. Both our heads and cocktails are prepared sterile products that will avoid the risk of skin infections.
5. Product application by syringe, spreading the product on the skin surface without working it.
6. Start of the working protocol chosen.
7. After working each area, apply the sterile anubismed product and work it slightly.
8. After finishing the treatment with anubismed skin pen, apply POST REPAIR CALMING MASK for 10-20 minutes to calm, repair, protect and moisturise the skin. Remove with water.
9. Apply HA+HYALURONIC CREAM. Apply 50+ PROTECTION FLUID.

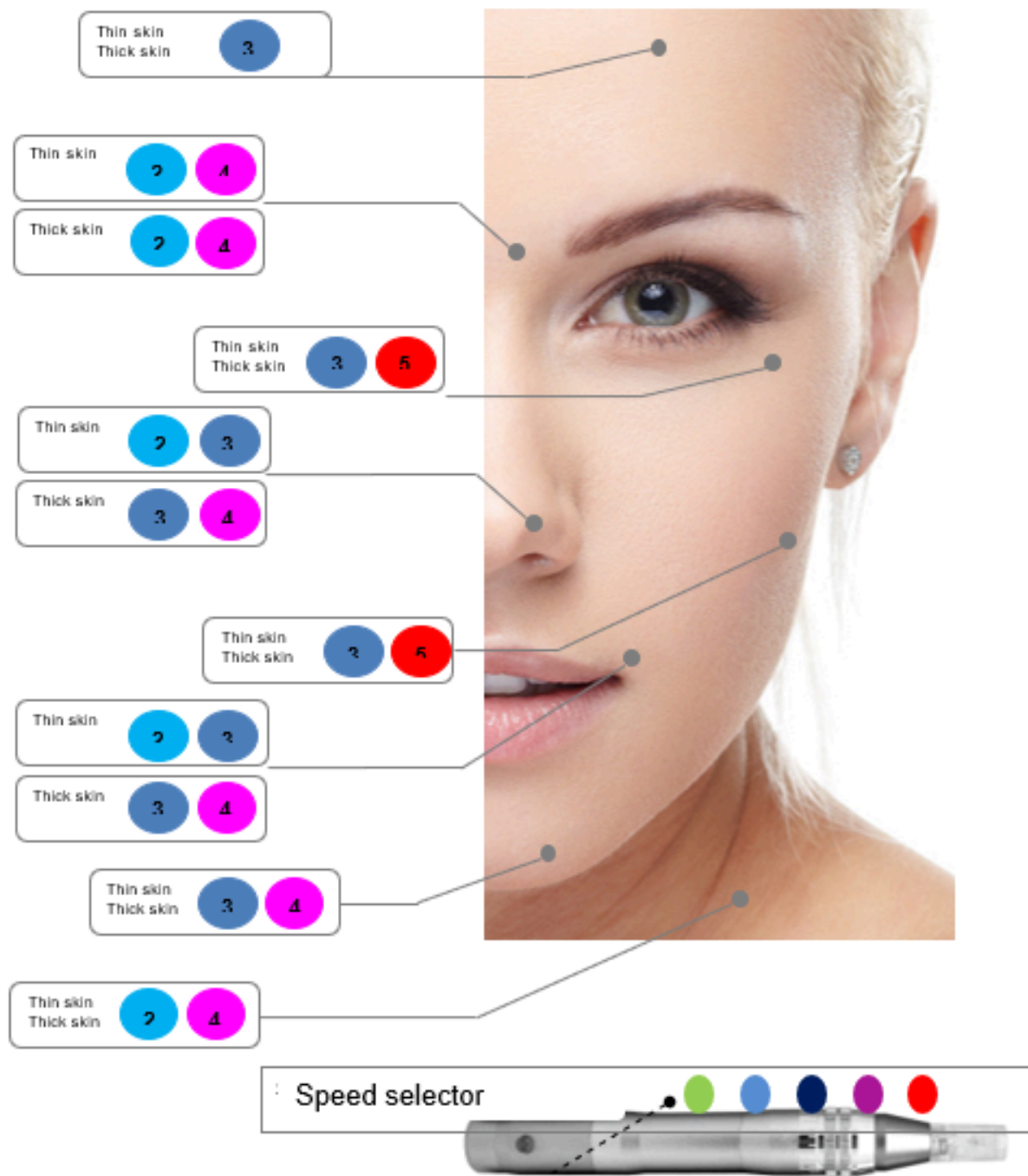
Recommended Order Of The Treatment



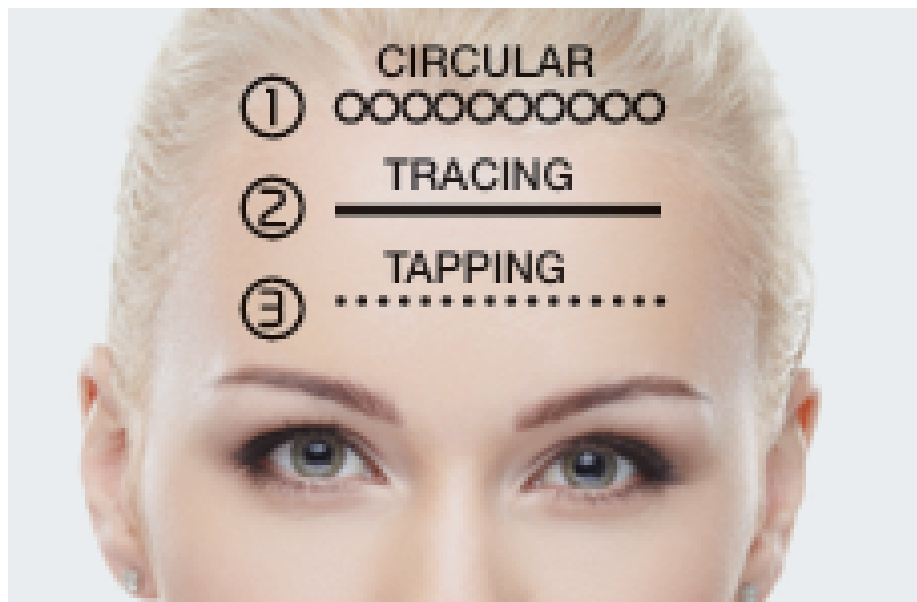
Recommended Working Directions



Working Speeds



Recommended Working Directions



Circular Method:

Working technique for product penetration. Use on surface layers.

Tracing Method:

Working technique to stimulate collagen induction. Use at varying depths depending on the area and need.

Tapping Method:

Working technique for specific problems such as cellulite grooves, spots or scars.

Recommended Working Directions

Indication	Depth of head	Method
Moisturising Treatment	0.25mm	Circular method
Brightening Treatment	0.25mm	Circular method
Anti-Age Treatment	0.25mm	Tracing-method
Blemishes, Marks and Scars	0.25mm	Tracing-Tapping method
Firming Treatment	0.25mm	Tracing method
Anti-Wrinkles Treatment	0.25mm	Tracing-Tapping method
Delicate Areas Treament	0.25mm	Circular- Tracing method

Home Prescription



Home Prescription

- The following at-home care protocol is essential during the treatment period with the AnubisMed SkinPen and replaces the use of any other daily skincare products at home.
- Once the treatment with the AnubisMed SkinPen is completed, the use of your regular skincare products is discouraged for a period of three weeks following the session.

At-Home Care Protocol During Treatment:

Cleansing



MOISTURIZING CLEANSER

Moisturizing cleansing gel that effectively removes impurities and make-up. Maintains hydration, preserving the hydrolipidic layer.

Moisturising



**HA+
HYALURONIC LINE**
Its formulation based on hyaluronic acid molecules **of different molecular weights**, provides an increase of water reserves on surface and in depth.

Protection



**50+
PROTECTION FLUID**
Specific for sensitive skin to sun exposure. Very suitable for areas with localized blemishes. High sun protection cream with actives against ageing.

General Instructions



General Instructions

- Often after treatment the skin appears red.
- You may have swelling or appearance of hematoma in the worked area.
- It is very rare the appearance of nodules or small bumps on the skin that disappear within 1-2 days.
- The patients prone to fever blisters may develop an infection of herpes.
- The appearance of white spots on the skin could mean the emergence of milliums or infected areas.
- The highly reactive skin usually develops itchy or general redness that disappears within 1-2 days.
- You may feel slight warmth in the skin, which may be accompanied by redness or itching, depending on the depth at which the treatment has been completed.
- During the 3 days of treatment, the skin may appear dry with a slight scaling depending on the skin, which will be controlled by treatment products at home.
- Those who take daily vasodilators products or similar medicines are more likely to create hematomas.
- It is important to use a high sun protection factor the days after treatment.
- Each head is suitable for only one client and one session.
- After completing the cycle of treatments with anubised SKIN PEN, you must leave a rest period of between 4-6 months to reapply this technique.
- If you want to avoid infections, it is important to use only sterilized and suitable products when using anubised SKIN PEN.
- anubis offers a selection of suitable and sterile cocktails that reach the lowest levels of the layers of skin thanks to the synergy of latest generation actives.
- According to European regulations, non-medical practitioners are not permitted to perform microneedling deeper than 0.25 mm. Therefore, our protocols recommend that treatments do not exceed 0.25 mm in depth.
- Anubis Care accepts no responsibility for improper use or deviation from the recommended protocols.

Working Protocols





PDRN
PRO
cocktail

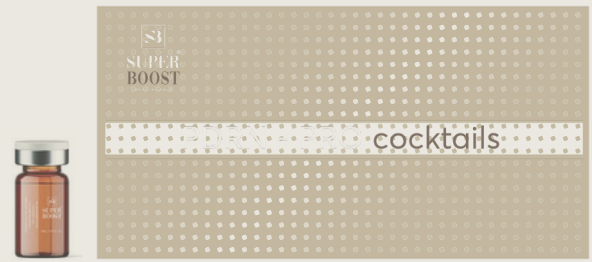


PDRN - PRO Cocktail

Anti-Age Treatment

- Number of Sessions: 5-8 sessions
- Interval Between Sessions: 7 days
- Recommended Product Usage: Apply 5 ml for a full-face treatment. For dehydrated skin, mix 2.5ml of PDRN-PRO cocktail with 2.5ml of Skin Hyaluronic cocktail.
- Preparation for Treatment: AnubisMed Moisturizing Cleanser and AnubisMed Skin Preparer
- Post-Treatment Products: Post Repair Calming Mask, HA+ Hyaluronic Cream, and AnubisMed 50+ Protection Fluid

Facial Area	Depth of head	Speed	Method
Forehead	0.25mm	2	Tracing
Glabella	0.25mm	2	Tracing
Eye Contour	0.25mm	2	Tracing
Nose	0.25mm	2	Tracing
Cheeks	0.25mm	3	Tracing
Lips Contour	0.25mm	2	Tracing
Chin	0.25mm	3	Tracing
Neck	0.25mm	3	Tracing
Neckline	0.25mm	3	Tracing



PDRN - PRO Cocktail

Moisturising Treatment

- Number of Sessions: 1-4 sessions
- Interval Between Sessions: 7 days
- Recommended Product Usage: Apply 5 ml for a full-face treatment. For dehydrated skin, mix 2.5ml of PDRN-PRO cocktail with 2.5ml of Skin Hyaluronic cocktail.
- Preparation for Treatment: AnubisMed Moisturizing Cleanser and AnubisMed Skin Preparer
- Post-Treatment Products: Post Repair Calming Mask, HA+ Hyaluronic Cream, and AnubisMed 50+ Protection Fluid

Facial Area	Depth of head	Speed	Method
Forehead	0.25mm	3	Circular
Glabella	0.25mm	3	Circular
Eye Contour	0.25mm	3	Circular
Nose	0.25mm	3	Circular
Cheeks	0.25mm	3	Circular
Lips contour	0.25mm	3	Circular
Chin	0.25mm	3	Circular
Neck	0.25mm	3	Circular
Neckline	0.25mm	3	Circular



PDRN
PRO
cocktail



PDRN - PRO Cocktail

Anti-Wrinkles Treatment

- Number of Sessions: 5-8 sessions
- Interval Between Sessions: 7 days
- Recommended Product Usage: Apply 5 ml for a full-face treatment. For dehydrated skin, mix 2.5ml of PDRN-PRO cocktail with 2.5ml of Skin Hyaluronic cocktail.
- Preparation for Treatment: AnubisMed Moisturizing Cleanser and AnubisMed Skin Preparer
- Post-Treatment Products: Post Repair Calming Mask, HA+ Hyaluronic Cream, and AnubisMed 50+ Protection Fluid

Facial Area	Depth of head	Speed	Method
Forehead	0.25mm	3	Tapping-Tracing
Glabella	0.25mm	3	Tapping-Tracing
Eye Contour	0.25mm	3	Tapping-Tracing
Nose	0.25mm	3	Tapping-Tracing
Cheeks	0.25mm	3	Tapping-Tracing
Lips Contour	0.25mm	3	Tapping-Tracing
Chin	0.25mm	3	Tapping-Tracing
Neck	0.25mm	3	Tapping-Tracing
Neckline	0.25mm	3	Tapping-Tracing



PDRN
PRO
cocktail



PDRN - PRO Cocktail

Asphyxiated Skin Treatment

- Number of Sessions: 3-4 sessions
- Interval Between Sessions: 7 days
- Recommended Product Usage: Apply 5 ml for a full-face treatment. For dehydrated skin, mix 2.5ml of PDRN-PRO cocktail with 2.5ml of Skin Hyaluronic cocktail.
- Preparation for Treatment: AnubisMed Moisturizing Cleanser and AnubisMed Skin Preparer
- Post-Treatment Products: Post Repair Calming Mask, HA+ Hyaluronic Cream, and AnubisMed 50+ Protection Fluid

Facial Area	Depth of head	Speed	Method
Forehead	0.25mm	3	Tracing
Glabella	0.25mm	3	Tracing
Eye Contour	0.25mm	3	Tracing
Nose	0.25mm	3	Tracing
Cheeks	0.25mm	3	Tracing
Lips Contour	0.25mm	3	Tracing
Chin	0.25mm	3	Tracing
Neck	0.25mm	3	Tracing
Neckline	0.25mm	3	Tracing